

Love Smarts



TEEN SEMINAR

*Everything you need to know about LOVE, SEX, & RELATIONSHIPS
but were afraid to ask!*

Saturday, February 24, 2024

9:00 am to 3:00 pm

Hampton Inn- 122 Westfall Town Dr, Matamoras, PA 18336

Seminar Instructor: Linda Doering

~ For teens ages 12 & up and all family members ~

Registration Fee: \$30 per person (*Includes Continental Breakfast & Lunch*)

Register at www.lovesmarts.org | Registration deadline 2/19/2024

Contact Dr. Richard Panzer at 201-410-0208 | freeteensusa@gmail.com

*Experience the world renowned Relationship Intelligence Curriculum taught in
public schools in several states including New Jersey, New York and in California
and internationally in 70 countries!*

For more information visit: www.lovesmarts.org and www.freeteensyouth.org



INSTITUTE FOR RELATIONSHIP INTELLIGENCE

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(EIN 223301766)*

February 2024

Dear Educational Leader:


As educators and as parents we all seek to help our students and children to navigate through the challenges of their teen years.

Often missing in Family Life Education is a real discussion about *what it means to love someone*, and why that means starting with LOVING & RESPECTING YOURSELF. The popular culture promotes living for the *here and now*, but what about making sure that having fun doesn't sabotage your future goals in life? Including having a lasting love relationship someday with someone who is also committed to you?

The *LoveSmarts* Teen Seminar, to be held on Saturday, February 24 at the Hampton Inn in Matamoras, PA, explores many of these questions in a dynamic, engaging way. The featured speaker will be Linda Doering, who has taught the world-renowned *Relationship Intelligence Training* curriculum to more than 50,000 youth in the U.S. and internationally as well.

For more information, visit www.lovesmarts.org or contact me at 201-410-0208 or freeteensusa@gmail.com.

Sincerely,



Richard A. Panzer, Ph.D.
Executive Director

LoveSmarts Teen Seminar Topics

Morning

Session 1: Relationship Intelligence Training Part 3: Maturing Your Love

What defines manhood? Sex=Love? Teen Mom Feels Trapped.

"I Love You?" Telling Lies v Telling the Truth, Teen Sex & Depression

Session 2: RIT Part 3: Maturing Your Love

Benefits of Delayed Sex, 5 Star Sexuality, Immature Love

Really Love You? Real Love Committed. The Marital Promise.

Session 3: RIT Part 3: Maturing Your Love

Delayed Sex--> Less Divorce, Marital Fulfillment, Parental Love,

Letter to Future Child, 3 Rules to Avoid Poverty, Already Had Sex? Celebrity Virgins

Session 4: RIT Part 3: Maturing Your Love

My Right to Refuse. Set Boundaries. Safe Dating. Media Messages

Gift to Future Child, LoveSmart Pledge, Britnee Marsh testimony, Media Activities

Afternoon

Session 5: The Gift of Reproduction. *Conception to Birth* Video

RIT Part 2: Protecting Your Future

Lasting Happiness, True Freedom, Quick & Easy. Dream Robbers. HIV/AIDS.

Session 6: RIT Pt 2: Protecting Your Future

STD Facts & Testimonies. Just One Partner? How Much Protection?

Session 7: RIT Part 2: Protecting Your Future

How They Stopped AIDS. Refusal Skills. Goal Setting. Teen Brain.

Alcohol/Marijuana Impact. Sexting.

Session 8: RIT Part 2: Protecting Your Future

Porn Harmless? Value Yourself! Past/Present/Future. 11 Ways to Succeed. 8 Affirmations.

For more info, visit

www.LoveSmarts.org & www.FreeTeensYouth.org

“I learned many things I didn’t know. I now know what I want for myself!”

Trends toward increased teen depression and even suicide have raised alarm bells in the minds of parents and educators alike. But shouldn’t we pay just as much attention to how to engage the internal assets and strengths of today’s youth? Aren’t honest discussions a good place to start?

The [LoveSmarts Teen Seminar](#) to be held on Saturday, Feb. 24 in Matamoras, PA addresses these issues in a way that many teens, educators and parents find refreshingly enlightening. Here are just a few comments from 9th graders at Bayonne High School after experiencing *LoveSmarts* education:

I liked the program very much. I think I now have a better outlook on how I want to spend my future. I learned many things that I did not know and I now know what I want for myself.

The most I liked was the speaker, she was very real. I feel like if I talk to her that she is one of my friends. I learned it is better to wait and not to rush.

Yes, this program helps you a lot because you can say anything and speak your mind and the program helps you think more about your relationship, instead of sex.

I learned so much that I need a whole paper. I learned about diseases, intimacy, love, what to do, and what not to do. When I am in a situation, how to get out of it, emotions, how to be a secondary virgin, how that if you have sex, wait till you get married.

The part I liked most was that the speaker was very realistic and down to earth. She was very informative and I learned a lot about how to deal with tough situations and how to prepare myself for life.

Teens feel like they need to have sex to be respected. I learned that’s not true. I am actually looking forward to waiting.

I liked the way our speaker talked to us as if we were friends and was really interested in what she had to say. I learned that girls who start dating at 17 have a better way of making decisions and I will never forget that.

Attending the *LoveSmarts* Teen Seminar could be the most invaluable investment in the emotional and physical health of teens you care about.

Here are comments from Middle School and High School Educators:

The program was presented in an open, realistic manner. Addressing sensitive subject matter that students need to know as they approach high school. M. McLaughlin, 8th grade teacher, Henry Harris School, Bayonne, NJ

Too many children and teens don’t value themselves. They allow others to manipulate them. They do not have self worth. They become victims early on. A. Wittmann, 8th grade teacher, PS#16, Bayonne, NJ

For more info:

www.LoveSmarts.org * www.FreeTeensYouth.org