

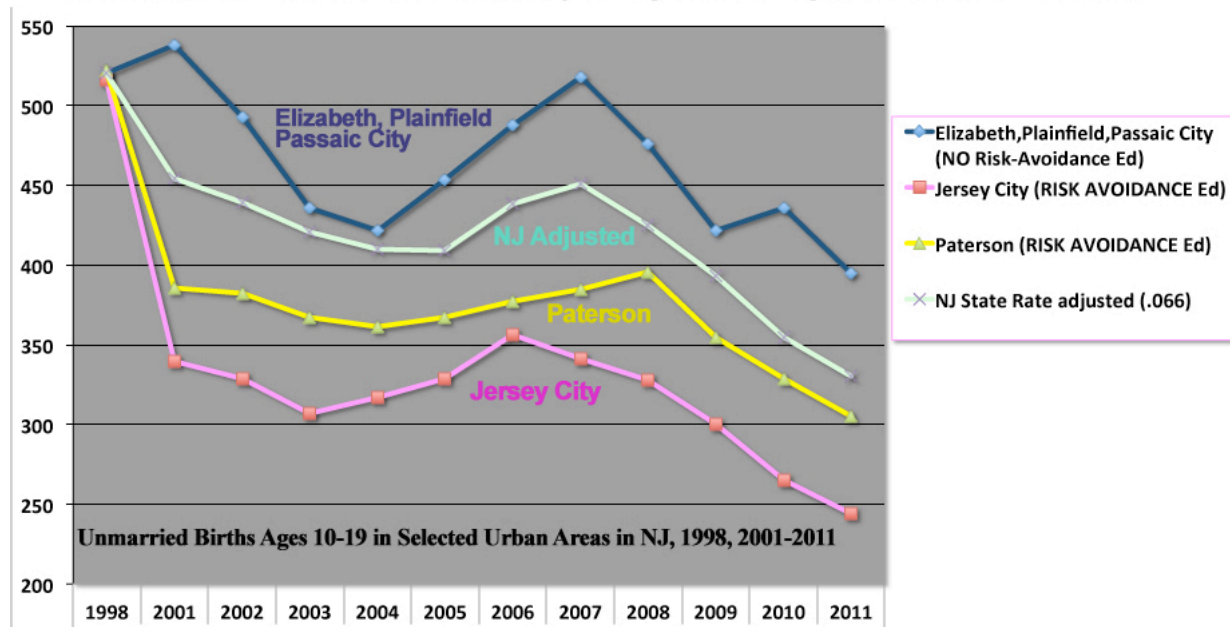
The Impact of *Relationship Intelligence Training*

Relationship Intelligence Training has been offered during the last 15 years to more than 100,000 students ages 12 to 18 in New York and New Jersey with support from the NJ Department of Health and the U.S. Department of Health and Human Services. Independent analysis of surveys by the New Jersey Department of Health before and after students received *Relationship Intelligence* education revealed significant ($p < .01$), dramatic increases in attitudes and intentions to delay sexual involvement.¹

| 2012 NJ DOH Evaluation of <i>Relationship Intelligence Training</i> | $p < .01$ |
|---|-----------|
| Statement | Increase |
| Not okay for people my age to have sex. | 57% |
| Practicing abstinence is a healthy choice. | 59% |
| Using alcohol & drugs increases chance of having sex. | 65% |
| Strongly agree that a teen can re-choose abstinence. | 82% |
| I can show that I like someone in a non-physical way. | 59% |
| Unlikely I will have sex in next 12 months. | 49% |
| Unlikely I will have sex before I get married. | 45% |

Since 1998 when the *Institute for Relationship Intelligence* began to offer educational and after-school youth development programs in Jersey City and Paterson, birth rates among unmarried 10-19 year-olds in Jersey City and in Paterson dropped by 30% (1998 level compared with 2001 to 2011). In demographically similar Elizabeth, Plainfield and Passaic City, which had no risk-avoidance classroom education, the reductions were only 11%. Overall, births to unmarried girls ages 10-19 in New Jersey dropped 21%.²

Teen Births in NJ Cities w&w/o *Relationship Intelligence Training* Risk Avoidance Education



Relationship Intelligence Training Education Saves Taxpayers MILLIONS

The *National Campaign to Prevent Teen Pregnancy* has estimated that teen childbearing costs in New Jersey cost NJ taxpayers \$3.3 billion over a 14 year period, or \$27,341 per birth.³ The average 9% extra reduction in teen births in Jersey City and Paterson (above the statewide average reduction of 21%) contributed to by intensive *RIT* healthy relationship/risk-avoidance education (1,359 of 3,019 less births from 2001- 2009) has resulted in a projected savings of \$ 37,156,419 in federal, state and local expenditures for public health care, child welfare, incarceration and lost tax revenue over a 14 year period.

1. Report for NJ Department of Health prepared by Dr. Joseph Donnelly, Montclair State University.

2. <http://njshad.doh.state.nj.us/birmunage1220.html> for 2001-2005.

For 2006 - 2011 data, <http://www4.state.nj.us/dhss-shad/query/builder/birth/BirthBirthCnty/Count.html>.

3. <http://teenpregnancy.org/costs/tables.asp>