

Relationship Intelligence Training found to increase students' intent to delay sex

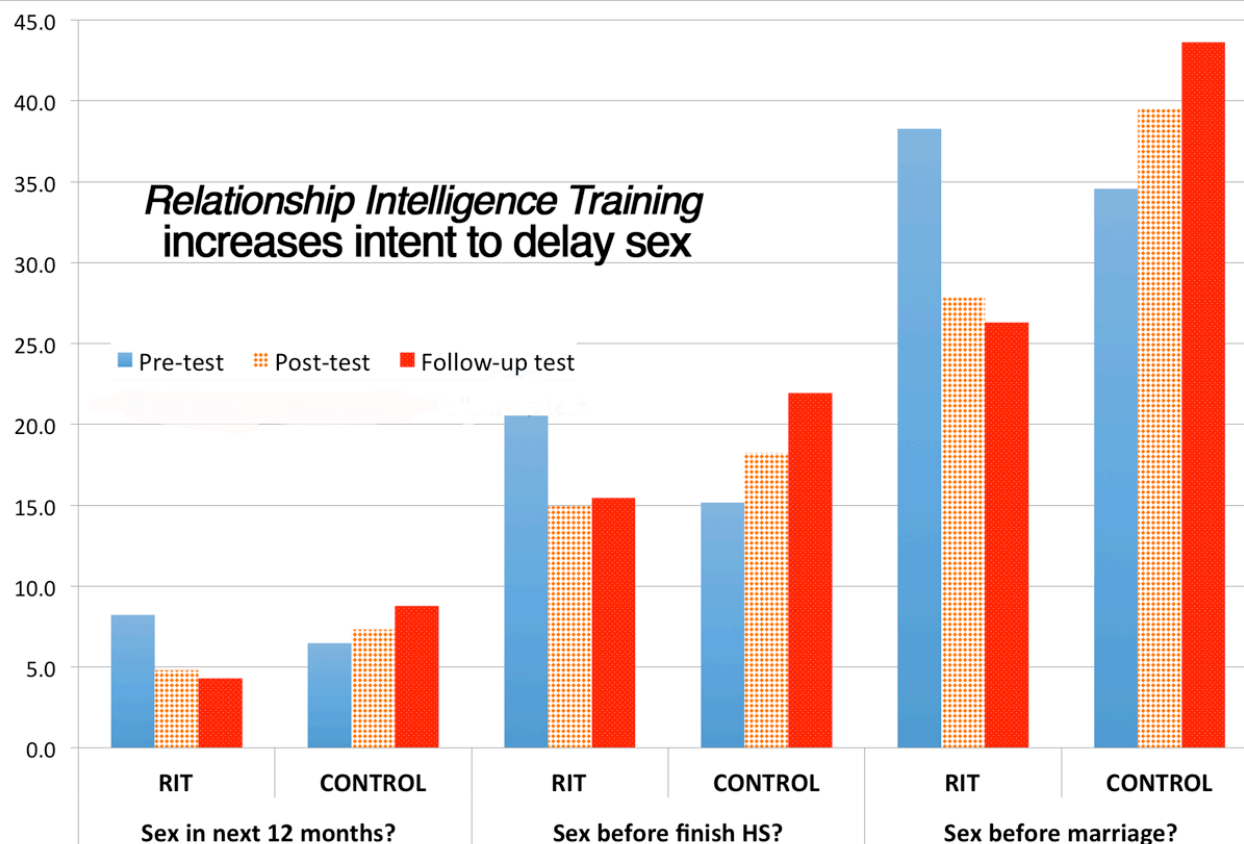
Independent evaluators at Montclair State University found that *Relationship Intelligence Training* risk avoidance education significantly increased students' intentions to delay sexual involvement compared with students who had not received the program.

At a followup survey given 6 – 10 months after receiving 6 hours of RIT education, students were **48% less likely** to say they planned to have sex in the next 12 months. In contrast students who did not receive RIT had 36% *increased* intentions to become sexually active (p=.004).

At 6 – 10 month follow-up, students who received RIT education were **25% less likely** to say they planned to have sex before graduating from high school. In contrast students who did not receive RiT had 45% *increased intent* to have sex before graduating from high school (p=.001).

At 6 – 10 month follow-up, students given RIT education were **31% less likely** to say they planned to have sex before marriage. In contrast students who did not receive RiT had 26% *increased* intent to have sex before marriage (p=.001).

The evaluators, Dr. Joseph Donnelly and Dr. Robert Horn, analyzed surveys given to 7th grade students during the 2013-2014 school year in Hudson and Passaic Counties who were surveyed again as 8th grade students in the Fall of 2014.



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